

Acts Of Kindness

1. Play with someone at school who seems lonely
2. Make a card for the school receptionist
3. Bake everyone in your class a Cookie.
4. Ask an elderly neighbour if they need any help with anything
5. Find 3 of your toys to give to charity or your local children's hospital
6. Tell one of your friends something you like about them
7. Donate food to your local Food Bank
8. Tell a silly joke to make someone laugh
9. Make a thank you card for your librarian
10. Make a Thank You card and take it to your local Fire Station
11. Hold the door open for someone
12. Donate some of your old books to another family
13. Bake some Cookies and give them to the homeless
14. Let someone go ahead of you in a line
15. Make a present for an elderly neighbour or a friend
16. Leave a kind note on a car
17. Tidy your bedroom without being asked
18. Smile at everyone all day
19. Give a friend a compliment
20. Clean up a mess you didn't make
21. Take scarves and gloves to homeless people
22. Put some food out for the birds
23. Ask an older relative about their childhood
- 24.

